



Respect

DRIVE>



## Cardiff & The Vale Suite of Perpetrator Interventions & Integrated Support Services

SURVIVOR VOICE AT THE CENTRE OF INTEGRATED PERPETRATOR DISRUPTION AND SUPPORT SERVICES



# Introductions

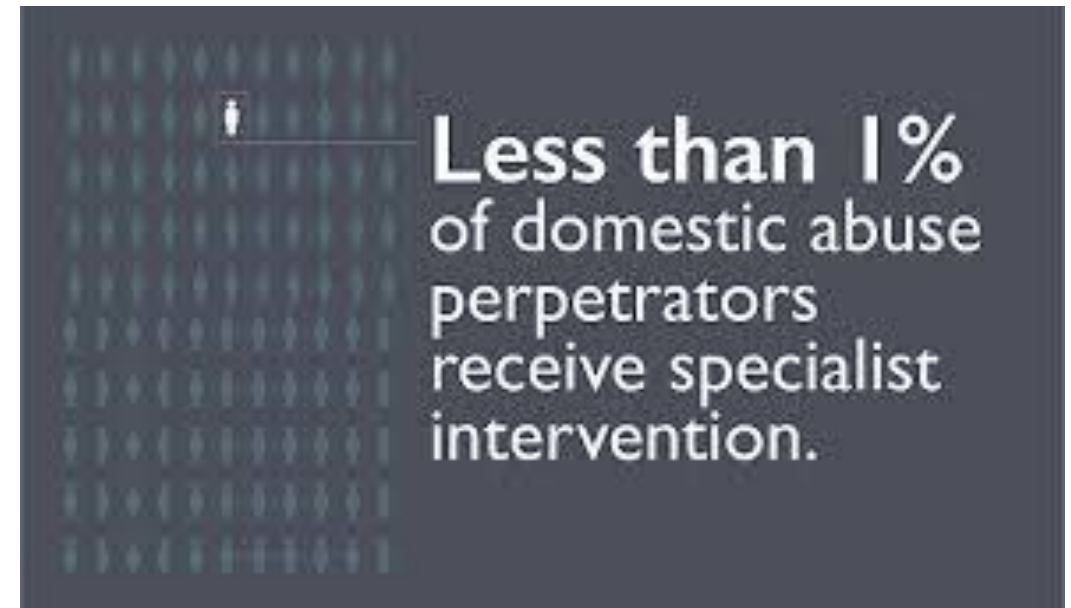
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Hannah Robinson – VAWDASV Trainer (IDVA)

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# A Domestic Abuse Perpetrator Strategy for England and Wales – Call to Action!





# Change that Lasts Early Intervention Raising

Accessible to individuals at the 'earliest opportunity'

Client facing direct engagement with perpetrators

Short structured VAWDASV awareness raising combined with an individual needs assessment

Integrated support service for those connected with the perpetrator identified as in need

Referral to additional services as required

*CLEAR* works collaboratively with DRIVING CHANGE and DRIVE as well as having a referral pathway for partner agencies and a self-referral pathway to provide risk-based, tiered levels of support throughout Cardiff and the Vale.



# Referral Criteria

18 years or over

Live in the Cardiff and Vale area

Concerned about their own behaviour OR accept concerns of somebody else regarding their behaviour

No outstanding civil or criminal matter relating to their behaviour

Willing to engage with, and commit to, the course and attend regular appointments – usually weekly for 7 sessions

Aim to keep substance misuse at a level that enables them to engage consistently and manage their behaviour safely and appropriately

Are willing to share details of their current, and former partners (or other person at risk) so that they can receive support/ intervention should they wish to receive it . If these details are refused they will be unable to attend the course

# Programme Structure

Six to Eight 1:1 Sessions

Topics Covered Include:

Power & Control

Healthy Relationships

Gender Norms

Stereotypes

Emotional Regulation & Time Out

Body Mapping/Feelings Wheel





## *Driving Change* Domestic Abuse Perpetrator Programme

- Safer Merthyr Tydfil (SMT), commissioned by Cardiff County Borough Council, have developed a fully-integrated **Respect Accredited** Domestic Abuse Perpetrator Programme (DAPP) – '*Driving Change*' for ***standard/medium risk perpetrators of DVA***
- *Driving Change* offers a ***step-up, step-down model of intervention***, working collaboratively with CLEAR and DRIVE as well as having a referral pathway for partner agencies and a self-referral pathway to provide risk-based, tiered levels of support throughout Cardiff and the Vale.

# Who is the Programme for?



Driving Change is targeted at **adult, male perpetrators of DVA classified as medium and/or standard risk with no current criminal justice involvement.**

However, to be deemed suitable to engage with Driving Change's programme of work, in addition to meeting the above eligibility criteria regarding the level of risk their behaviour poses, clients must demonstrate; -

- A basic recognition that they are behaving in a violent and abusive way in their intimate relationships and show a level of commitment/motivation to change this.
- At the most basic level, capacity to accept full responsibility for their own behaviour and actions.
- Willingness and ability to commit to and engage in the personal work needed, including regular attendance of the programme; following assessment and pre-group sessions, participants are expected to commit to a minimum of 26-group sessions, taking place on a weekly basis.



## Programme Aims:

- To achieve and maintain the safety and wellbeing of women and children.
- To support male perpetrators of domestic violence and abuse cease their harmful behaviours and develop more responsible, respectful and loving relationships and attitudes with and/or towards others.

## Programme Structure:

- **Individual Sessions/'Pre-Group' Work;** 6-8 Sessions, focusing on acknowledgement, responsibility, motivation and safety.
- **Group Work:** minimum of 26 sessions, covering *5 overarching themes*:
  - Intimidation & Coercion/Respect & Negotiation
  - Emotional Abuse/Intimacy & Love
  - Gender & Prejudice/Partnership and Participation
  - Sexual Abuse/Sexual Respect
  - Abusive Parenting/Responsible Parenting.
- **Partner Support.**
- **Case-Management**



# Programme Goals

- To accept that I (not anyone else) am responsible for my abusive/violent behaviour.
- To develop my understanding what abusive behaviour is.
- To change so as to cease my violent and abusive behaviour.
- To recognise the harmful impact of my behaviour on others, including my children; both immediate and long-term.
- To develop genuine feelings of remorse and make amends for the damage/hurt I have caused to others.
- To become more caring of myself and those around me.
- To develop a respectful attitude to my (ex) partner, children and others.
- To accept changes in the status of my relationships with my (ex)partner and children.
- To develop a toolkit of anger and stress-management skills.
- To develop my ability to manage my impulsivity effectively.
- To develop a reliable safety plan to keep myself and those around me safe.
- To find positive ways of responding to stressful situations and conflict.
- To be more co-operative and collaborative when faced with disagreement and difficulties.
- To become more open-hearted, loving and intimate in my relationships
- To be more genuinely interested in my partner's well-being and autonomy
- To become more open to and comfortable with experiencing my emotional vulnerability.



# DRIVE >

RESPECT

Safe Lives  
Ending domestic abuse

SOCIAL FINANCE

# Introduction



The Drive project is an innovative domestic abuse intervention that aims to reduce the number of child and adult victims by disrupting and changing perpetrator behaviour.

The Project focuses on high-risk, high-harm and/or serial perpetrators, as this group carries the greatest risk of serious harm, and engagement with available services is low. Drive implements a whole-system approach using intensive case management alongside a coordinated multi-agency response, working closely with victim services, the police, probation, children's social services, housing, substance misuse and mental health teams.

The Drive Project focuses on reducing risk and increasing victim safety by combining disruption, support and behaviour change interventions alongside the crucial protective work by victim services



- 24hour single gateway for VAWDASV in Cardiff
- Providing a “One Stop Shop” holistic service
- IDVA support for all Women and Children
- Refuge accommodation
- After Care and recovery work.



# Role of an IDVA



- The main purpose of independent domestic violence advisors (IDVA) is to address the safety of victims at high risk of harm and to secure their safety and the safety of their children.
- IDVA work includes supporting the victim through crisis, discussing options, supporting through criminal/civil process, assisting with housing options, risk assessing and safety planning with the victim and signposting.
- How does the IDVA work collaboratively with CLEAR, DRIVING CHANGE and DRIVE?



**CWA**

CARDIFF WOMEN'S AID