Easy Read



What do you think about domestic abuse services?



About this survey



Please tick each box if you understand and say yes.

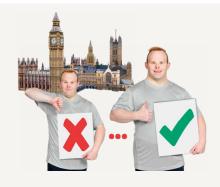


We want to know what you think about the help you can get for **domestic abuse**. We want to know what is good and what needs to be better.



Domestic abuse is when your close partner or family member hurts you or says they will hurt you. They might bully you or control you.

This could be things like hitting you or making you feel bad about yourself. They may control your money or what you do online.



We are asking these questions so we can tell the Government how to make domestic abuse services better.



I understand this

16+ years

You must be aged 16 or over to take part in this survey.



I am over 16 years old

More about this survey



You must have lived in England or Wales.



I lived in England or Wales



This survey is for people who have had domestic abuse happen to them.



I understand this





You can take part even if you did not get help from domestic abuse services.



I understand this



You do not have to do this survey if you do not want to. Or you can choose to skip some questions if you do not want to answer them.



I understand this



Do not put your name, email, or phone number on this survey.



I understand this

More about this survey



We will use your answers in our report.



I understand this



We will not use your name in the report. No one will know what answers you give



I understand this



If you tell us about a person that is in danger we may have to tell the police or social services.





It is a good idea to get help from someone you know to fill out this form if you need it.





If it is still too difficult to fill in the form, or if you need another format, email:

commissioner@domesticabusecommissioner.independent.gov.uk

What are domestic abuse services?



Refuge accommodation This means a safe place to stay



Help to move on from refuge accommodation



Online chat or email support



Helplines that you can call for help or advice



Counselling or Therapy Someone you can talk to about your feelings



A caseworker or Independent Domestic Violence Advocate This is someone who can give you help and advice



Support groups

What are not domestic abuse services?











Help you could get from domestic abuse services



Someone to help you talk to the police



Help with money problems



Someone to talk to or help you if you're hurt.



Help with keeping your job or getting a new one



Help with drugs or alcohol



Things to make you feel safer in your home. Like new locks or alarms



Help for the person hurting you, to make them stop



Help in court



Help for your children to feel better

About the services you have used or wanted to use.



Please write the first part of your postcode here:



Who told you about domestic abuse services?



How difficult was it to get help from domestic abuse services? Tick one box

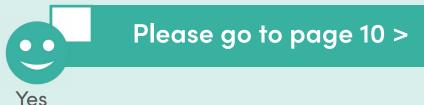








Have you used domestic abuse services in the last three years? Tick one box





About the services you wanted to use.



If you did not get domestic abuse support in the last three years what help did you want?





What stopped you from getting help from a domestic abuse service?



Do you feel safer now than when you first needed help?









Do you feel free to do more things now than when you first wanted help?

Not sure





No

About the services you have used.



What domestic abuse services support did you have in the last three years?



If you would have liked different domestic abuse support, write it here:



Do you feel safer now that you have had help?



Yes



Not sure



No



Do you feel free to do things you want to now that you have had help?



Yes



Not sure



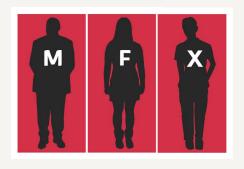
No

More about the services you have used



Questions about you

These are questions about you. You can skip any questions if you do not want to answer them.



Are you male, female, non binary or other?



Please write your age here:



Please write your ethnic group here:



If you have any disability that will last for more than a year, please write it here:

More questions about you



If you have any mental health condition that will last for more than a year please write it here:



If you have any illness that will last for more than a year, please write it here:



If you are on the autism spectrum or have any other form of neurodiversity, please write it here:



Thank you for filling in this form.

After you have filled in the survey



When you have filled in this form you can email it to:

commissioner@domesticabusecommissioner.independent.gov.uk



Or post it to:
Domestic Abuse Commissioner,
C/O Home Office,
2 Marsham Street,
London SW1P 4JA



If you feel upset or need support there is a list of helplines and services on our website: www.domesticabusecommissioner.uk/resources/



If you have one you can speak to your case worker or support worker. They can give you support and advice.



If you or someone you know is in danger, call: 999

About the Domestic Abuse Commissioner



Nicole Jacobs is the The Domestic Abuse Commissioner.



She speaks up for people who have had domestic abuse happen to them. She can make sure that Government and other people try to stop Domestic Abuse from happening.



You can find out more about our office at our website:

www.domesticabusecommissioner.uk/about

